O God, Our Help in Ages Past

1. O God, our help in ages past,
   Our hope for years to come,
   Our shelter from the stormy blast,
   And our eternal home!

2. Beneath the shadow of Thy throne
   Thy saints have dwelt secure;
   Sufficient is Thine arm alone,
   And our defense is sure.

3. Before the hills in order stood,
   Or earth received her frame,
   From everlasting Thou art God,
   To endless years the same.

4. Thy word commands our flesh to dust:
   "Return, ye sons of men!"
   All nations rose from earth at first
   And turn to earth again.

5. A thousand ages in Thy sight
   Are like an evening gone;
   Short as the watch that ends the night
   Before the rising sun.

6. O God our help in ages past,
   Our hope for years to come,
   Be Thou our guard while troubles last,
   And our eternal home.