1. I will lift up my eye to the mountains from which shall my help come, my help comes from the Lord who made heaven and earth, He will not allow your foot to slip, He who keeps you will not slumber, Behold, He who keeps Israel will neither slumber nor sleep,

2. The lord is your keeper, The
The Lord is your shade on your right hand,
The sun will not smite you by day,
Nor the moon by night,
The Lord will guard you from all evil,
he will keep your soul,
The Lord will guard your going o'er and your coming in, From this time forth and forever,
I will lift up my eye to the mountains,
From which shall my help come,
My help comes from the Lord